

## Kazu (Numbers)

Japanese	Phonetic	Kanji	English	Japanese	Phonetic	Kanji	English
Kazu	kah-zoo	数	Numbers	Ju Ichi	joo eech	十一	Eleven
Rei	ray	零	Zero	Ju Ni	joo nee	十二	Twelve
Ichi	eech	一	One	Ju San	joo san	十三	Thirteen
Ni	nee	二	Two	Ju Shi	joo she	十四	Fourteen
San	san	三	Three	Ju Go	joo go	十五	Fifteen
Shi (Yon)	she	四	Four	Ju Roku	joo roke	十六	Sixteen
Go	go	五	Five	Ju Shichi	joo seech	十七	Seventeen
Roku	roke	六	Six	Ju Hachi	joo hach	十八	Eighteen
Shichi (Nana)	seech	七	Seven	Ju Ku	joo koo	十九	Nineteen
Hachi	hach	八	Eight	Ni Ju	nee joo	二十	Twenty
Ku	koo	九	Nine	Ni Ju Ichi	nee joo eech	二十一	Twenty One
Ju	joo	十	Ten	San Ju	san joo	三十	Thirty

## Tachikata (Stances)

Japanese	Pronunciation	Kanji	English
Tachikata	tah-chee kah-tah	立方	Stances (lit. Standing Methods)
Tachi, -dachi	tah-chee, dah-chee	立ち	Stance
Fudo-dachi, Sochin-dachi, Sanchin-dachi	foo-doe dah-chee, sahn-chin dah-chee	不動立 三戦立	Immovable Stance, Hourglass Stance (lit. three-battles stance)
Genkaku-dachi	ghen-kah-koo dah-chee	嚴鶴立	Rigid Crane Stance
Tsuri-ashi-dachi	tsoo-ree ah-she dah-chee	鶴足立	Crane Leg Stance
Sagi-ashi-dachi	sah-gee ah-she dah-chee	鷺足立	Heron Leg Stance
Kamae	kah-mah-eh	構え	Fighting Posture, Take a Stance
Heiko-dachi	hay-koh dah-chee	平行立	Parallel Stance
Heisoku-dachi	hay-sow-koo dah-chee	閉足立	Closed-foot Stance
Iaigoshi-dachi	ee-ai go-she dah-chee	居合腰立	Kneeling Stance
Ippon-ashi-dachi	ee-pohn ah-she-dah-chee	一本足立	One-leg Stance
Kiba-dachi	key-bah dah-chee	騎馬立	Horse Riding Stance
Naihanchi-dachi	nai-han-chee dah-chee		
Kokutsu-dachi	koe-koo-tsu dah-chee	後屈立	Back-leg-bent Stance (lit. back-ducking Stance)
Kosa-dachi	koe-sah dah-chee	交差立	Cross-leg Stance
Kumite-dachi	koo-mih-tay dah-chee		
Moro-ashi-dachi	moh-row ah-she da-hchee	組手立	Fighting Stance
Moto-dachi	moh-tow dah-chee		
Musubi-dachi	moo-sue-be dah-chee	結立	Heels Together Stance (lit. tying-together Stance)
Naname Zenkutsu-dachi	nah-nah-may zen-koo-tsue dah-chee	斜め前屈立	Slanted Front-leg-bent Stance (lit. Diagonal Front-ducking Stance)
Nekoashi-dachi	neh-koh ah-she-dah-chee	貓足立	Cat Stance
Seisan-dachi	say-san dah-chee	十三立	Forward Stance
Seiza	say-zah	正座	Sit/Kneel Quietly
Shiko-dachi	she-koe dah-chee	四股立	Wide Open-leg Stance
Jigotai-dachi	jih-go-tie dah-chee		
Shizentai-dachi	shih-zen-tie dah-chee	自然体立	Natural Stance
Soto-Hachiji-dachi	soh-toh-hah-chee-jee dah-chee	外八時立	Open Natural Stance (feet point outward (外) at same angle as character for eight, 八)
Zenkutsu-dachi	zen-koo-tsue dah-chee	前屈立	Front-leg-bent Stance (lit. Front-ducking Stance)

## Ukekata (Blocking Methods)

Japanese	Pronunciation	Kanji	English
Ukekata	oo-kay kah-tah	受方	Blocking Methods
Uke	oo-kay	受	Block
Chudan-soto-uke	chew-dahn so-toe oo-kay	中段外受	Middle Outward Block
Chudan-soto-mawashi-uke	chew-dahn so-toe mah-wah-she oo-kay	中段外回し受	Middle Sideward Round Block
Chudan-yoko-uke	chew-dahn yoh-koh oo-kay	中段横受	Middle Sideward Block
Chudan-uchi-uke	chew-dahn oo-chee oo-kay	中段内受	Middle Inward Block
Gedan-barai	geh-dahn bah-rye	下段払い	Lower Sweeping Block
Gedan-uke	geh-dahn oo-kay	下段受	Lower Level Block
Hari-uke	hah-rae oo-kay	払受	Sweeping Block
Gedan-yoko-barai-uke	geh-dahn yoh-koh bah-rye oo-kay	下段横払受	Lower Sideward Sweeping Block
Haito-uke	hai-toh oo-kay	背刀受	Reverse Knife-hand Block
Hangetsu-barai-uke	hahn-geh-tsue bah-rye oo-kay	半月払受	Half-moon Sweeping Block
Hazushi-uke	hah-zoo-she oo-kay	外受	Removing Block
Hasami-uke	hah-sah-me oo-kay	鋏受	Scissor Block
Hiji-uke	he-jee oo-kay	肘受	Elbow Block
Jodan-uke	joh-dahn oo-kay	上段受	Upper Level Block
Age-uke	ah-gay oo-kay	上げ受	Rising Block
Kosa-uke	koe-sah oo-kay	交差受	Cross Block
Magetori-barai-uke	mah-geh-toh-ree bah-rye oo-kay	鬚取 払受	Rising Double Knife-hand Block (lit. Grabbing the Topknot Block)
Makite-uke	mah-key-teh oo-kay	卷手受	Winding Knife-hand Block
Morote-soe-uke	moh-row-teh so-eh oo-kay	諸手添受	Augmented Forearm Block, Wedge Block
Morote-barai-uke	moh-row-teh bah-rye oo-kay	諸手払受	Augmented Lower Block
Otoshi-uke	oh-toe-she oo-kay	落受	Dropping Block
Sagurite-uke	sah-gu-ree-teh oo-kay	探手受	Searching-hand Block
Sasae-uke	sah-sa-eh oo-kay	支受	Supported Forearm Block
Sayu-barai-uke	sah-yoo bah-rye oo-kay	左右払受	Double Sweeping Block (lit. Left-right Sweeping Block)
Shotei-uke	show-tay oo-kay	掌底受	Palm Heel Block
Shuto-uke	shoe-toe oo-kay	手刀受	Knife Hand Block
Torite-uke	toh-ree-teh oo-kay	捕手受	Grasping-hand Block
Wari-uke	wah-rhee oo-kay	割受	Split Block

## Semekata (Attacking Methods)

Japanese	Pronunciation	Kanji	English
Semekata	seh-meh kah-tah	攻方	Attacking Methods
Seiken-waza	say-ken-wah-zah	正拳技	Fist Techniques
Tsuki, -zuki	tsoo-key, zoo-key	突	Punch (lit. Thrust)
Age-zuki	ah-gay-zoo-key	上げ突	Rising Punch
Chudan-zuki	choo-dahn zoo-key	中段突	Middle Level Punch
Gedan-zuki	gey-dahn zoo-key	下段突	Lower Level Punch
Gyaku-zuki	gya-koo zoo-key	逆突	Reverse Punch
Ippon-ken	ee-pohn-ken	一本拳	One Knuckle Fist
Ippon-ken Naka-daka	ee-pohn-ken-nah-kah-dah-kah	一本拳中高	Middle Knuckle Fist
Jodan-zuki	joe-dahn zoo-key	上段突	Upper Level Punch
Kaku-zuki	kah-koo zoo-key	角突	Square Punch
Kakushi-zuki	kah-koo-shee zoo-key	隠し突	Hidden Fist Punch
Morote-zuki	moh-row-tay zoo-key	諸手突	Augmented Punch
Awase-zuki	Ah-wah-say zoo-key	合突	Augmented Punch
Oi-zuki	oy-zoo-key	追突	Lunge Punch, Chasing Punch
Sayu-zuki	sah-yoo zoo-key	左右突	Double Side Punch
Tomoe-zuki	toh-mo-eh zoo-key	巴突	Circular Block and Punch
Wari-uke-zuki	wah-ree oo-kay zoo-key	割受突	Split-block Punch
Yubi-waza	yoo-bee wah-zah	指技	Finger Techniques
Morote-nuki-zuki	moh-row-tay new-key zoo-key	諸手貫突	Double Spear-hand Thrust
Nukite-zuki	new-key-tay zoo-key	貫手突	Spear-hand Thrust
Shi-zuki	she zoo-key	鶏口突	Chicken Beak Thrust
Toride-zuki	toh-ree-day zoo-key	鳥手突	Bird Hand Strike
Uchi-waza	oo-chee wah-zah	打ち技	Striking Techniques
Haito-uchi	hi-tow oo-chee	背刀打	Reverse Knife-hand Strike
Kentsui-uchi	ken-tsu-ee oo-chee,	拳槌打	Hammer-fist Strike
Tettsui-uchi	te-tzoo-ee oo-chee	鉄槌打	Iron Hammer Strike
Kyobu-shuto-uchi	key-oh-boo shoo-tow oo-chee	胸部手刀打	Knife-hand Strike (to the chest area)
Kyobu-morote-shuto-uchi	key-oh-boo moh-row-tay shoo-tow oo-chee	胸部諸手手刀打	Double Knife-hand Strike (to the chest area)
Kyobu-soete-shuto-uchi	key-oh-boo soh-eh-tay shoo-tow oo-chee	胸部添手手刀打	Augmented Knife-hand Strike (to the chest area)
Shuto-uchi	shoo-tow oo-chee	手刀打	Knife-hand Strike
Uraken-uchi	oo-ra-ken oo-chee	裏拳打	Backfist Strike
Ate-waza	ah-tay wah-zah	当技	Smashing Techniques
Hiji-ate	hee-jee-ah-tay	肘当	Elbow Smash
Empi Uchi	em-pee oo-chee	猿臂打	Elbow Strike
Hiza-ate	hee-zah-ah-tay	膝当	Knee Smash
Sasae-hiji-ate	sah-sa-eh hee-jee ah-tay	支肘当	Supported Elbow Smash
Shotei-ate	show-tay-ah-tay	掌底当	Palm Heal Smash
Teisho	tay-show	底掌	Palm Heal Smash
Tate-hiji-ate	tah-tay hee-jee ah-tay	縦肘当	Upward Elbow Smash
Ushiro-hiji-ate	oo-shee-row hee-jee ah-tay	後肘当	Backward Elbow Smash
Yoko-hiji-ate	yoh-koh hee-jee ah-tay	横肘当	Side Elbow Smash



## Kerikata (Kicking Methods)

Japanese	Pronunciation	Kanji	English
Keri, -geri	keh-ree, geh-ree	蹴	Kick
Ashi-barai	ah-she bah-rye	足払	Leg Sweep
Fukubu-geri	foo-koo-boo geh-ree	腹蹴	Abdomen Kick
Hiza-geri	hee-zah geh-ree	膝蹴	Knee Kick
Keri-age, Keage	keh-ree-ah-gay, key-ah-gay	蹴上	Snap Kick, Rising Kick
Keri-komi, Kekomi	keh-ree-koh-mee, key-ko-mee	蹴込	Thrust Kick
Kinteki-geri	keen-tekee geh-ree	金の蹴	Groin Kick (lit. Gold-like Kick!)
Kyobu-geri	key-oh-boo geh-ree	胸部蹴	Chest Area Kick
Mae-geri	my-geh-ree	前蹴	Front Kick
Mae-geri-kakato	my-geh-ree kah-kah-toe	前蹴踵	Front Kick with the Heel
Mawashi-geri	mah-wah-she-geh-ree	廻蹴	Round-house Kick with Top of Foot
Mikazuki-geri	mee-kah-zoo-key geh-ree	三日月蹴	Crescent Kick (lit. Three Days Moon Kick)
Nidan-geri	nee-dahn geh-ree	二段蹴	Flying Front Kick, Two-level Kick
Maetobi-geri	my-toh-bee geh-ree	前飛蹴	Flying Front Kick
Ushiro-geri	oo-she-row-geh-ree	後蹴	Back Kick
Ura mawashi-geri	oo-rah mah-wah-she geh-ree	裏廻蹴	Back Roundhouse Kick
Yoko-geri	yoh-koh-geh-ree	横蹴	Side Kick
Sokuto-geri	soh-koo-tow geh-ree	足刀蹴	Foot-edge Kick



## Kata (Forms)

Japanese	Pronunciation	Kanji	English
Kata	kah-tah	型	Form
Dai Nihon Tenno Kata	die-nee-hohn ten-noh kah-tah		Great Heavenly Japanese Karate Form
Fujikata (Fukyukata) Dai Ichi	foo-jee-kah-tah die-eech	普及型第一	First Basic (common) Form
Fujikata (Fukyukata) Dai Ni	foo-jee-kah-tah die-nee	普及型第二	Second Basic (common) Form
Pinan Nidan (Heian Shodan*)	pee-nahn nee-dahn	平安二段	Second Peace Form *Heian is mainland Japanese pronunciation. Pinan is Okinawan
Pinan Shodan (Heian Nidan)		平安初段	First Peace Form
Pinan Sandan (Heian Sandan)		平安三段	Third Peace Form
Pinan Yondan (Heian Yondan)		平安四段	Fourth Peace Form
Pinan Godan (Heian Godan)		平安五段	Fifth Peace Form
Niahanchi Shodan Tekki Shodan		内歩進初段 鉄騎初段	First Inner-stepping Form
Niahanchi Nidan Tekki Nidan		内歩進二段 鉄騎二段	Second Inner-stepping Form
Niahanchi Sandan Tekki Sandan		内歩進三段 鉄騎三段	Third Inner-stepping Form
Ananku			Name of a visting monk from China
Rohai		鷺牌	Bird on a Rock
Wankan		王冠	Kings Crown
Wanshu		腕秀, 汪楫	Name of a visting monk from China
Passai		拔塞, 拔砦	To Storm a Fortress
Chinto		鎮東	
Gojushiho		五十四步	54 Step Form
Kusanku Koshokun		公相君, 觀空大	Name of a visting monk from China



  
**Commands & Phrases**

Japanese	Pronunciation	Kanji	English
Arigato Gozaimasu	ah-ree-gah-toh goh-zai-mas	ありがとうございます	Thank You Very Much
Do Itashimas'te	doh-ee-tash-ee-ma-she-tay	どういたしまして	You're Welcome
Hajime	hah-jee-may	始め	Begin
Karate ni Sente Nashi	kah-rah-tay nee sen-tay nah-she	空手に先手なし	There is no first attack in karate.
Kawate	kah-wah-tay		On Guard
Kiotsuke	Kee-oh-skay	気を付け	Attention! Stand up straight!
Matte	mah-tay	待って	Wait
Mawatte	mah-wah-tay	回って	Turn Around
Mokuso	moh-koo-soh	黙想	Quiet Meditation
Onegai Shimasu	oh-neh-guy-she-mas	お願いします	Please (Teach Me)
Otagai ni	oh-tah-gah-ee nee	お互いに	Toward Each Other
Otagai ni Rei	oh-tah-gah-ee nee ray	お互いに礼	Bow to Each Other
Otagai ni Taishi	oh-tah-gah-ee nee ta(i)-sh(e)	お互いに対し	Face Each Other
Rei	ray	礼	Bow with Respect
Sensei ni Rey	sen-say nee ray	先生に礼	Bow to the Teacher
Sensei ni Taishi	sen-say nee ta(i)-sh(e)	先生に対し	Face the Teacher
Shomen ni Rei	shoh-men ni ray	正面に礼	Bow to the Front
Shomen ni Taishi	shoh-men nee ta(i)-sh(e)	正面に対し	Face the Front
Shugo	shoo-go	集合	Line Up, Gather together
Yame	yah-may	止め	Stop
Yoi	yoy	用意	Ready, Attention



## Parts of the Body

Japanese	Pronunciation	Kanji	English
Ago	ah-goh	顎	Chin, Jaw
Ashi	ah-she	足	Foot and/or Leg
Atama	ah-tah-mah	頭	Head
Hana	hah-nah	鼻	Nose
haisoku	hai-sow-koo	背足	Reverse Foot (Instep)
Haito	hai-tow	背刀	Reverse Knife Hand (Ridge Hand)
Heiken		平券	Flat Fist (Bear Paw)
Hiji, Empi	hee-jee, em-pee	肘, 猿臂	Elbow
hiraken	Hee-rah ken	四本拳	Four Finger Fist (Knuckles)
Hiza	he-zah	膝	Knee
Kakato	kah-kah-toe	踵	Heel
Karada/shin-, -mi	kah-rah-dah/ shin-, -mi	体, 身	Body, prefix/suffix for Body
Ken	ken	拳	Fist
Koshi	koh-shee	中足	Middle Foot (Ball of Foot)
Josokutei	joh-soh-koo-tay	上足底	Raised Sole
zenzoku	zen-zoh-koo	前足	Ball of Foot
Koshi	koh-she	腰	Hips
Kubi	koo-bee	首	Neck
Kumade	koo-mah-day	熊手	Bear Hand (Tiger Claw)
Me	meh	目	Eye
Mune	moo-neh	胸	Chest
Nakadaka ken	Nah-kah dah-kah ken	中指一本拳	Middle Finger Fist (Knuckle)
Nodo	noh-doe	咽, 喉	Throat
Nukite	noo-key-tay	貫手	Spear Hand
Oya-yubi Ippon-ken	Oiyah-yoo-bee ee-pohn ken	親指一本拳	Thumb Fist (Thumb Knuckle)
Seiken	say-ken	正拳	Proper Fist, Straight Fist, (Front 2 Knuckle Punch)
Shinkei	shin-keh	神經	Nerve
Shuto	shoo-tow	手刀	Knife Hand
Soku	soh-koo	足	Foot
Sokutei	soh-koo-tay	足底	Sole of the Foot
Sokuto	Soh-koo-toe	足刀	Foot Blade, Foot Edge
Suigetsu	Soo-ee-geh-tsoo	水月	Solar Plexus (lit. Water Moon)
Sune	su-nay	脛	Shin
Te	tay	手	Hand
Teisho	tay-show	掌底	Palm Heel
Tekubi	tay-koo-bee	手首	Wrist
Tettsui	teh-tsu-ee	鉄槌	Iron Hammer (Hammer Fist)
Toriguchi		鶏口	Chicken Beak (Finger Tips)
Tsumasaki	tsoo-mah-sah-key	爪先	Tips of the Toes
Ude	oo-day	腕	Forearm
Uraken	oo-ra-ken	裏拳	Back Fist
Wanto	wahn-tow	腕刀	Sword Arm (Side of forearm)
Yubi	yoo-bee	指	Finger



## Miscellaneous Terms

Japanese	Pronunciation	Kanji	English
Atemi	ah-teh-me	当身	Strike (Often to distract)
Barai	Bah-rye	払い	Sweep
Bunkai	Boon-kai	分解	Application of Kata Techniques (lit. picking apart)
Bushido	boo-she-doh	武士道	The Way of the Warrior
Dai Ichi	die-eech	第一	The First
Deshi	deh-she	弟子	Student, Pupil
Dojo	doe-joe	道場	Place to Learn the Way
Gi	ghee	着	Karate Uniform
Goshin Jutsu	go-shin ju-tsoo	護身術	Self Defense Techniques
Hai	hi	はい	Yes
Hidari	hee-dah-ree	左	Left
Iya	ee-yay	いいえ	No
Jiyu Kumite	jee-yu koo-meh-tay	自由組手	Freestyle Sparring
Kamiza	kah-me-zah	上座	Seat of Honor, Shrine
Karateka	kah-rah-tay-kah	空手家	Karate Student
Kiai	key-eye	気合	Spirit Yell
Kihon	key-hon	基本	Basics
Kokyū Ho	koh-kyū how	呼吸法	Breathing Methods
Kumite	koo-meh-tay	組手	Sparring
Obi	oh-bee	帯	Karate Belt
Makiwara	mah-kee-wah-rah	巻藁	Striking Board
Migi	mee-gee	右	Right
Shiai	she-eye	試合	Sparring Match
Tameshi Wari	Tah-meh-she wah-rhee	試し割り	Breaking (Boards, Bricks, etc.)
Waza	wah-zah	技	Technique
Yakusoku Kumite	yah-k(oo)-soh-koo koo-meh-tay	約束組手	Pre-arranged Sparring



## Ranks & Titles

Japanese	Pronunciation	Kanji	English
<a href="#">Karate Ranks</a>			
Kyu	kyew	級	Ranks below Black Belt
Mukyu	moo-kyew	無級	No Level (Red Belt)
Jukyu	joo-kyew	十級	Tenth Level (White Belt)
Kukyu	koo-kyew	九級	Ninth Level (Orange Belt)
Hachikyu	hach-kyew	八級	Eighth Level (Gold Belt)
Nanakyu	nah-nah-kyew	七級	Seventh Level (Purple Belt)
Rokyu	roh-kyew	六級	Sixth Level (Green/White Stripe Belt)
Gokyu	go-kyew	五級	Fifth Level (Green Belt)
Yonkyu	yohn-kyew	四級	Fourth Level (Blue Belt)
Sankyu	san-kyew	三級	Third Level (Brown Belt)
Nikyu	nee-kyew	二級	Second Level (Brown/1 Black Tip Belt)
Ikkyu	eek-kyew	一級	First Level (Brown/2 Black Tip Belt)
Dan	dahn	段	Ranks of Black Belt
Shodan-Ho	show-dahn hoe	初段補	Probationary First Degree Black Belt
Shodan	show-dahn	初段	First Degree Black Belt
Nidan	nee-dahn	二段	Second Degree Black Belt
Sandan	san-dahn	三段	Third Degree Black Belt
Yondan	yohn-dahn	四段	Fourth Degree Black Belt
Godan	go-dahn	五段	Fifth Degree Black Belt
Rokudan	rohk-oo-dahn	六段	Sixth Degree Black Belt
Nanadan	nah-nah-dahn	七段	Seventh Degree Black Belt
Hachidan	hach-ee-dahn	八段	Eighth Degree Black Belt
Kudan	koo-dahn	九段	Ninth Degree Black Belt
Judan	joo-dahn	十段	Tenth Degree Black Belt
Joshu-Shoban	joh-shoo show-ban	助手初版	Junior First Degree Black Belt
<a href="#">Shidokan Teaching Ranks</a>			
Shidoin	she-doyn	指導員	Assistant Instructor
Sempai, Senpai	sehm-pie	先輩	Senior Student
Sensei	sehn-say	先生	Teacher
Renshi	rehn-she	錬士	Senior Teacher
Shihan	she-han	師範	Teacher of Teachers
Kyoshi	kyoh-she	教士	Expert Teacher
Hanshi	hahn-she	範士	Master Teacher
Other Titles			
Shidoshi	she-doh-she	指導師	Director





## Martial Arts Styles

Japanese	Pronunciation	Kanji	English
Ryu	roo	流	Style or School
Aikido	eye-key-doh	合気道	The way of harmony, a Japanese martial art
Goju-ryu	goh-joo roo	剛柔流	Hard/Soft Style from Naha-te Okinawan karate
Iaido	eye-ay-doh	居合道	The Japanese art of drawing the sword
Isshin-ryu	ish-in roo	一心流	"The One Heart Way" style from the strengths of Shorin-ryu & Goju-ryu Okinawan karate
Judo	joo-doh	柔道	The gentle way, a Japanese martial art
Ju-jitsu, Ju-jitsu	joo-jut-soo	柔術	The gentle art, self defence
Karate-do	kah-rah-tay-doh	空手道	The Way of the Empty Hand
Kempo, Kenpo	kem-poh, ken-poh	拳法	Fist principles, an Okinawan karate style
Kendo	ken-doh	剣道	The way of the sword, a Japanese martial art
Kobudo	koh-boo-doh	古武道	Old martial way. A weapons martial art
Kung-fu	kung-foo	功夫	Chinese martial arts
Matsubayashi-ryu	mat-soo-by-ashi roo	松林流	Pine Forest Style of Okinawan Shorin-ryu karate
Naha-te	nah-hah-tay	那覇手	One of the two main original Okinawan karate styles
Shiatsu	she-ah-tsoo	指圧	Meridian Massage
Shito-ryu	she-toh roo	糸東流	Combination of Naha-te & Suri-te Okinawan karate
Shorin-ryu	show-rin roo	小林流	Little Forest Style from Shuri-te Okinawan Karate
Shotokan	show-toh-kahn	松濤館	Sports Style of Japanese Karate
Shuri-ryu	shur-ee ryu	首里流	Okinawan/american style of karate
Shuri-te	shur-ee tay	首里手	One of the two main original Okinawan karate styles
Taekwon-do	tay-kwon-doh	テコンドー	Korean Martial Art with an emphasis on kicks
Uechi-ryu	ee-chi roo	上地流	Way of Uechi, a Kung fu flavored Okinawan karate style
Wado-ryu	wah-doh roo	和道流	A Japanese style of Karate